**UPDATED RULES**

**Every member must use key fab to enter: this is how I will be keeping log and** REMINDER: PLEASE DO NOT OPEN DOOR FOR ANYONE WHO CANNOT LET THEMSELVES IN.

**CLEANLINESS**

1. Utilize temporal scan upon arrival to facility and **do not stay** if reading is greater than 99.5.
2. Wash your hands upon arrival to facility and before you leave.
3. Please bring your own towel for personal use and to wipe down equipment if you would prefer not to use disposable wipes or towels provided.
4. Wipe down equipment before and after use using towels and spray, full and ready to kill germs, or disposable wipes.

Spray: All bottles are labeled. I have done research on what would be effective for cleaning. Soap and water, just what we use to wash our hands, is best for spraying and wiping and thankfully readily available. Most other disinfectants require up to 10 minutes to work properly. You will find 3 water bottles labeled with discenfectant. These can be used to spray the green exit button, the front door handle or anything else that the spray doesn’t need to be wiped off of immediately and you feel would be effective.

1. Lysol spray is provided for equipment that is difficult to wipe down. Please use this as needed and with your best judgement.
2. Hand sanitizer is provided for your personal use to use as you feel needed.

**SOCIAL DISTANCING**

1. Maximum Occupancy is 33%: therefore only 6 members allowed in facility at a time. Please do your part to wait outside if there are already the maximum number of members (I can do by appointment only if there becomes the need).
2. **PLEASE SCAN OUT UPON EXIT: SCAN YOUR KEY FAB AS YOU EXIT. THIS ALLOWS MANAGEMENT TO MONITOR HOW MANY MEMBERS ARE IN THE FACILITY IN ADDITION THE TIME FRAME YOU WERE THERE.**
3. Mask must be worn **AT ALL TIMES.**
4. Do your best to maintain 6ft from each other and respect others space. Equipment has been moved around to help maintain 6ft social distancing. **PLEASE DO NOT MOVE ANY EQUIPMENT**.
5. I know you miss each other but please keep socializing to a minimum. Please be considerate of others who might be waiting to come in and workout.
6. One person allowed in locker room/bathroom at a time. A sign is posted on the door, please close the door behind and do not enter if door is closed. Come dressed to workout if possible. Showers are still open, the sign on the door can be turned around when shower is in use, allowing members to use the bathroom/locker room if needed.

OTHER SAFETY PRECAUTIONS TAKEN:

* Fan remotes have been removed to prevent the spread of germs.
* Magazines have been removed
* Please remain on gym side – do not enter FYZICAL side, door will remain closed.

**I hereby agree that upon entry into Chenango Fitness I will abide by the updated rules above, in addition I agree that prior to each entry:**

1. I have not had fever or chills or any respiratory symptoms OR any other symptoms of COVID.
2. I myself or someone in your household, has not had close, unprotected, contact with a suspected or known COVID-19 patient (spent longer than 15 minutes within 6 feet of someone who was sick with fever and cough?)

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Print Name

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Sign Name Date